Spring 2025

FOREIGN RIGHTS GUIDE

Lifestyle Well-Being

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SHARED STORIES RIGHTS AGENCY AMSTERDAM

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ATLAS CONTACT Genres – literary fiction, poetry, non-fiction, business

Authors – Haruki Murakami, Kashuo Ishiguro, Julian Barnes, Lucas Rijneveld, Adriaan van Dis, Oek de Jong, Geert Mak, Jan Brokken, Francis Fukuyama, Stephen R. Covey, Daniel Kahneman, Simon Sinek, Steven Pinker, Colson Whitehead, Ian Buruma, Simon Schama

ANKHHERMES

Genres – Spirituality, health, mind, body & spirit, personal growth, esoteric

Authors – Eckhart Tolle, Gabor Maté, Don Miguel Ruiz, Louise Hay, A Course in Miracles

ZWARTJES & LABOVIĆ

Genres – fiction and non-fictior that understands, shapes and interprets the zeitgeist

LUITINGH-SIJTHOFF Genres – thrillers, crime fiction,

Genes - thrillers, crime fiction, historical fiction, fantasy, feelgood, narrative non-fiction, children's books, picture books,

Authors – Dan Brown, Stephen King, George R.R. Martin, Graeme Simsion, Jill Mansell, Giulia Enders, Terry Goodkind, Jessie Burton, Lee Child, Danielle Steel, Tony Crabbe, Benji Davies, Meg Rosoff, Anya Niewierra

коѕмс

Genres – food & drink, arts & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening

Authors – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Arne & Carlos, Alex Ferguson, Baptist de Pape, Ella Woodward

ZOMER & KEUNING Genres – romance, romantasy feelgood, TikTok-authors

Authors – Jennifer L. Armentrout, Colleen Hoover, Rebecca Yarros, Lucy Score, Holly Martin, Scarlett St. Clair, Cathy Bramley, Elena Armas, Casey McQuiston, Alexis Hall

HOUTEKIET

Genres - literary fiction, crime fiction, thrillers, historical fiction, women's fiction, sports, upmarket literary non-fiction, history, economy, philosophy, science, medicine

Authors – Jostein Gaarder, Jo Claes, Dora Heldt, Dirk Verhofstadt, Johan Braeckman, Marc de Bel, Will-Limba Moleka

KOKBOEKENCENTRUM

Genres – theology, religion & church, Christian fiction, faith-based non– fiction, historical non-fiction, family sagas & regional novels, children's books, YA

Authors – Nick Vujicic, Malala, Charlie Mackesy, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

DE FONTEIN

NOVELS & THRILLERS Genres – crime fiction, thrillers, true crime, historical fiction, feelgoo

Authors – R.J. Ellory, Sophie Hannah, Peter James, Joanne Harris, Karen Rose, Jojo Moves

YOUTH

Genres – children's books, picture books, YA fiction

Authors – Quentin Blake, Roald Dahl Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell

ALFABET

Genres – narrative non-fiction, history

Authors – Eva Taylor-Tazelaar, Erik Petersson, Wim Daniëls, Annelien de Dijn, Michal Citroen, Mathijs Deen, Matthieu Aikins

TEN HAVE

Genres – philosophy, humanities, psychology, personal growth, conscious living, spirituality

Authors – Michael J. Sandel, Michael Puett, Mihaly Csikszentmihalyi, Thich Nhat Hanh, Pema Chödron, Eline Snel

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How Your Body Tells You What You Need By Heleen Becuwe rights sold to franzius verlag (germany)



FOOD & DRINKS



KOSMOS, 176 PAGES, MAY 2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

LENNA OMRANI

Lenna's Plant-based Kitchen

Protein-rich, nutritious & suitable for every day

Over 22.000 copies sold of her previous books

Perfect for anyone pursuing an athletic lifestyle

Lenna's plant-based recipes are delicious and bursting with color and flavor. And in this book they are also packed with proteins, which makes them perfect for anyone pursuing an athletic lifestyle. A compilation of simple vegan recipes for a sustainable, fit and more energetic life!





LENNA OMRANI inspires her fans to develop a healthy and happy lifestyle. In 2022, she won the Belgian Vegan Award for Best Cookbook. Her previous titles include *Every Day Vegan*, *Every Day Vegan Budget Friendly* and *Every Day Vegan in 30 Minutes*.

JORD ALTHUIZEN

Smokey Goodness – Asian BBQ Flames & Flavours

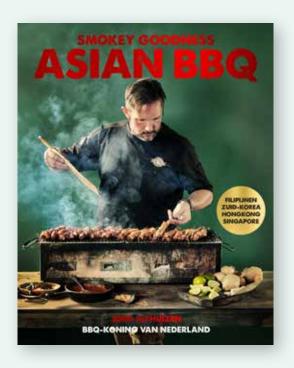
Including recipes from Philippines, South Korea, Hong Kong and Singapore

Following the open grill trend

Jord Althuizen has sold over half a million copies in the Netherlands

With Smokey Goodness – Asian BBQ Flames & Flavours, Jord Althuizen shares just what his loyal following of avid BBQ'ers have been waiting for. Asian cuisines are bursting with grilled street food and delicious dishes over an open fire. From South Korean Sticky Chicken Sticks to Filipino Whole Hog, the flavors are as diverse as the colors and stories behinds them. After visiting other continents, in this title Jord sheds a light on the BBQ fire tradition from Asia, which is at the moment full in the culinary spotlight.

'Behold the barbecue god.' - de Volkskrant



KOSMOS, 224 PAGES, APRIL 2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

RIGHTS FOR PREVIOUS BOOKS SOLD TO

SCOLAR KIADÓ (HUNGARY), HACHETTE PRATIQUE (FRANCE) & HEEL VERLAG (GERMANY)

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JORD ALTHUIZEN is Barbecue World Champion and is causing an international stir with his rough-and-ready Smokey Goodness Barbecue Catering. In summer 2015, he was judge on the popular RTL program *Grillmasters*. He currently owns three restaurants in the Netherlands and Belgium and has published 18 books, of which more than half a million copies have been sold.



REMKO KRAAIJEVEL



BORGERHOFF & LAMBERIGTS, 256 PAGES, DECEMBER 2024 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

ESTHER AARTS

Why We Always Finish a Bag of Chips at Once

The link between what you eat, think and do

Esther is Professor in Nutrition and Brain Siences

An insightful and relatable dive into our eating habits

Why can you endlessly consume chips, but quickly get tired of carrots? Why do you reach for comfort food when you feel stressed or sad? And why is it so hard to resist that tempting chocolate bar at the supermarket? The answers lie in your upper chamber: our brains determine our eating behavior. But did you know that you can also influence your brain with your eating behavior? From how motivated you feel to how well you can control your impulses.

In Why We Always Finish a Bag of Chips at Once, professor Esther Aarts reveals the complex relationship between your diet and your brain. She does so using by the latest insights from neuroscience and with great enthusiasm for everything that happens in our brains. A book packed with practical tips for incorporating healthier eating patterns into your daily life.



ESTHER AARTS is Professor of Nutrition and Brain Sciences at Radboud University in Nijmegen, the Netherlands. Esther is leader on insights into the relationship between your brain and eating behavior.

ANOUCK MEIER

Choose Yourself Before You're Dead

On how to stop fixing other people's shit and finally choosing yourself

An anti-time management book: don't do more, just make better choices

On the top of the bestseller list for 10 weeks and more than 10.000 copies sold in Belgium

Written in a fiery, activist and humorous style

Human life is ridiculously short. And if you're a woman, you spend half of that life defined by other people's expectations. Not surprisingly, your life feels busy and you barely get to do things for yourself. According to the standard recipes of time management, you should get up a bit earlier or work more efficiently. But time pressure comes largely from outside – for example from hustle culture and the sexist expectations for mothers to work as if they have no children and to mother as if they have no career.

This book advocates nothing less than a time revolution, which you can help unleash. The result: a completely different experience of your time, allowing you to enjoy your one precious life consciously and to the fullest. But how? Easy, reevaluate your thinking, stop pleasing, set boundaries and put yourself first. Does that sound difficult? This book will teach you how.



BORGERHOFF & LAMBERIGTS, 240 PAGES, MAY 2024 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

'I read this book and thought: finally! This woman is the walking solution to everything I can't solve myself.' – *Heleen Debruyne, author*

ANOUCK MEIER worked as a lawyer in European competition law at a prestigious US firm. In an attempt to regain control of her time and her life, she tested every prescription from the self-care industry. With her book, Anouck wants to do away with the narrative that women should just grit their teeth a bit harder and empower themselves above all. Instead, she sees benefits in structural measures and joining forces in sisterhood. Her podcast *Work & Life (Werk & Leven)* has over half a million followers.



ONTDEK JE MENTALE KRACHT

Michael Kortekaas

> Leer omgaan met spanning, stress en

> > restatiedruk

ALFABET, 272 PAGES, OCTOBER 2024 FULL ENGLISH TRANSLATION

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

'Michael's enthusiasm is contagious.' – Senior Officer Ard Vermeulen, Royal Netherlands Air Force

'Pure and compelling. Michael knows what he is talking about and his method is easy to apply.' – Nine Kooiman, president of the Dutch Police Federation

MICHAEL KORTEKAAS

Discover Your Mental Strength

Learn to cope with tension, stress and mental pressure

Over 15.000 copies sold in the Netherlands

Author has developed mental health programmes for the Dutch police and Ministry of Defence

Michael is available for international lectures

We all face tension, stress and performance pressure – but has anyone ever really taught you how to deal with it? Michael Kortekaas has been working on the theme of mental strength for over thirty years. Every year, he gives more than one hundred and fifty lectures in his home country and abroad. His practical no-nonsense story captures the attention of whoever is in front of him, whether it's CEOs, bankers, police officers, ambulance staff or medical students.

In *Discover Your Mental Strength*, Kortekaas shares his insights on focus, energy and stress management. In addition, he offers the tools for dealing with change, disappointment and setbacks with a methodical and vulnerable approach that runs throughout the whole book. For anyone who wants to become mentally resilient.

'Michael's vision should be a school subject!' - Martin Hersman, former top speed skater

MICHAEL KORTEKAAS is a motivational speaker and trainer in the field of leadership, happiness in the workplace and mental resilience. After his education at the Sports Academy, he worked for the Police Academy and Dutch Ministry of Defence for over twelve years. In 2010, he set up his own company. Since then, he has spoken for hundreds of companies and thousands of people. www.michaelkortekaas.nl



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FREDERIKE MEWE

Returning to Yourself

The psychology of self-acceptance

The house as a metaphor for your life

A combination of theory, stories and practical tips from a certified psychologist

We often become distant from our core by not doing what we really want to do. Both in big things – a job we don't like or a relationship that no longer works – and in small ones – not voicing our opinions and people pleasing. In this book, Frederike Mewe explores the causes of this and offers a practical path to a more relaxed and authentic life. With recognizable examples from the therapy room and personal experiences, this book offers a perfect balance of theory, stories and assignments to help you to bring you closer to yourself.

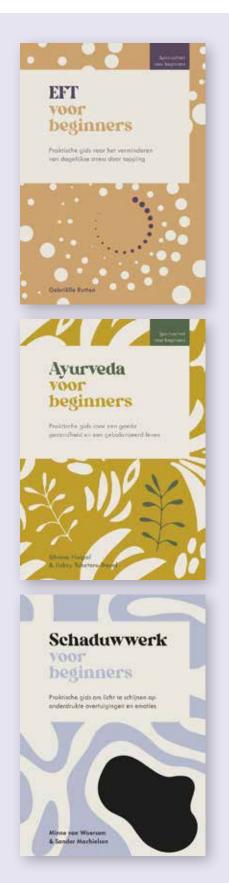
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TEN HAVE, 240 PAGES, MAY 2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL



FREDERIKE MEWE is a psychologist, writer and podcast creator. Her first book *Good as You Are* sold 15,000 copies in the Netherlands.



KOSMOS, 160 PAGES, 2024-2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

Spiritual Beginners series

Accessible and practical introductions for those who want to embark on a spiritual journey

Written by experienced authors in every topic

EFT for Beginners

EFT (Emotional Freedom Techniques) is an effective method to treat anxiety, stress and trauma. Through a tapping technique, you disconnect the conditioned stress response from the experience, and the past no longer has a negative impact on the here and now. In this book, you will learn about EFT and how to apply it yourself, including illustrations to guide you on the way to a fuller life.

Ayurveda for Beginners

Are you out of energy, in need of more rest or just feeling out of balance? Get acknowledged with the world of ayurveda through practical, accessible explanations and the personal experiences of the authors. Ayurveda started in India and is seen as the study of life. Does cold showering suit you and your body mechanisms? Do you benefit more from a hot or a cold lunch? Discover the elements that belong to who you are (the doshas) and start living a balanced life.

Shadow Work for Beginners

Does that colleague who always speaks up bother you? Is that silent family member showing a passive attitude? There is a big chance this is actually saying something about your own suppressed beliefs and emotions. Shadow work is the answer for those who would like to bring everything that was once hidden into the light, to live life fully.

LENETTE HERMSEN & ROMANE KUIJT

Rituals for women

From cocoa ceremonies to living with the moon: a guide to a deeper connection with yourself

Ancient rituals for women are currently trending

A guide for women who want to discover the power of rituals

In this book, Romane Kuijt and Lenette Hermsen provide an introduction to the world of ancient women's rituals, from cocoa ceremonies to rituals surrounding menstruation. They offer a glimpse into the history of these rituals, show how to make your own altar and explain how to perform rituals yourself. This is all linked to the seasons, the moon and major events.





KOSMOS, 240 PAGES, JANUARY 2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

LENETTE HERMSEN is a yoga teacher and ceremony facilitator. ROMANE KUIJT is a holistic coach, reiki practitioner and ceremony facilitator. Together they organize monthly ceremonies for women with various rituals.



PRODUCTIVITY



KOSMOS, 240 PAGES, DECEMBER 2024 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

BJÖRN DEUSINGS

Full Focus

Choosing the right tasks for every day

Björn's previous book *Done by 3 p.m.* sold more than 13.000 copies in the Netherlands

Björn's company has been proclaimed the Best Trainer of the Netherlands six times

Full Focus is the new book by Björn Deusings, author of the bestseller *Done by 3 p.m.* His first book was about rearranging work smartly, being productive and doing things the right way. In this follow-up, Björn shows us how to make sure we work on what really matters. Learn to have clarity on priorities and goals in order to actually achieve them. Björn shares useful strategies to free up time for what makes the heart beat faster, without getting overwhelmed by the mundane.

'People are often mainly "busy being busy". E-mails, meetings and continuous interruptions keep us from the real work and cost us unnecessary time. This can be done smarter.'

BJÖRN DEUSINGS is expert in smarter (collaborative) working and personal effectiveness. He owns platform Tijdwinst and productivity blog Timemanagement.nl. Over the past 20 years, he has trained thousands of people in managing their time and energy more efficiently. Tijdwinst has been voted Best Training Provider of the Netherlands six times already.



LOTTE WITKÉ

No More F-Grades

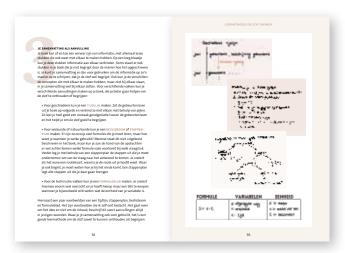
Give your grades a rise and never fail again

A book for both students who want to perform better and those who simply want to get through the year

Effective and fun learning methods – Lotte shares strategies that make learning not only more efficient, but also more enjoyable

Covers motivation, focus, mental health, planning, productivity and mindset, providing a multifaceted approach for academic success

As a student, Lotte was completely done with boring learning methods and started looking for a more fun and especially more effective way of learning. How do you organize your homework and assignments? How can you learn best and fastest? Where can you find motivation? And how do you really get the best out of yourself?





KOSMOS, 208 PAGES, AUGUST 2023 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL



LOTTE WITKÉ is an econometrics student at VU University Amsterdam. In 2021, she posted her first video on TikTok about how to learn in an organized way. This was quickly a success. Lotte's videos went viral and she continued researching for more tips.



KOSMOS, 192 PAGES, FEBRUARY 2025 ENGLISH SAMPLE TRANSLATION AVAILABLE

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CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

SARA VAN GELOVEN

Take a Break

Everything for your ultimate world trip, sabbatical or gap year

For those who want to take the leap but have no idea where to start

Including practical tips and stories from idea to plane

Take a Break is the ultimate guide for all those who want to go abroad for an extended period of time, whether backpacking, volunteering, studying or doing an internship. Sara van Geloven, former editor-in-chief of *Lonely Planet* magazine, lists the best destinations for a world trip, sabbatical or gap year and provides the tools to get away within a year. The book also includes a tangible savings plan and interviews with inspiring adventurers who have traveled before you.

'The gap year is gaining popularity' - NRC, June 2024

SARA VAN GELOVEN was editor-in-chief of *Lonely Planet* magazine. Sara and her boyfriend have been traveling around Europe in an electric camper for two and a half years now. While out on the road, Sara works for companies such as Lonely Planet and Polarsteps.



SASCHA BLASE-VAN WAGTENDONK

Delightful Scarves

Sascha has sold over a million copies of her crochet books in the Netherlands

New prints to add colour to every outfit!

Sascha is back with a new book on her favourite crochet item! *Delightful Scarves* is packed with crochet patterns for modern, sleek and colourful shawls, button scarves and everything in between. Colour blocking, pastel colours and retro prints turn all the scarves into works of art that give every outfit that extra touch. Easy to crochet and easy to wear! *Delightful Scarves* also includes challenging patterns for advanced crocheters.



KOSMOS, 128 PAGES, SEPTEMBER 2025

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KOSMOS, 128 PAGES, JULY 2024

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CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

More than 10.000 copies sold in the Netherlands

SASCHA BLASE-VAN WAGTENDONK

Crocheting Flowers

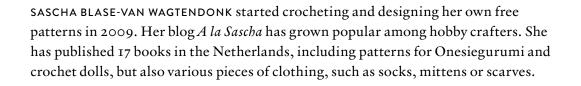
A colourful bouquet that never wilts

Immediately entered the bestseller list upon publication

After flowers made of felt, paper and even building blocks, Sascha presents a stunning crochet wildflower bouquet. In this book you will find 10 different patterns to crochet beautiful flowers, with which you can create a field bouquet. Additionally, you can also use the flowers on their own as decorations, corsages, appliqués... the options are endless.

The flowers are crocheted with fine yarn and a thin crochet hook, to make each design a work of art in itself. But don't let this scare you away! Even if you've never worked with this material before, testers are proof that you get used to it very quickly. The patterns are divided into 5 different levels. In addition, the instructions include a written pattern as well as a symbol diagram and extensive step-by-step photos. No sewing is needed to assemble this bouquet.







KIMBERLEY ZWAANS

The Big Miffy Crochet Book

Based on the work of Dick Bruna

Almost 70 years after 'the birth' of Miffy in the Netherlands, you can now bring the famous characters of Dick Bruna to life yourself with *The Big Miffy Crochet Book*! All you need is yarn and a crochet hook to bring Dick Bruna's world to your home.

Crochet Miffy, her friends and fun themed accessories using simple patterns. *The Big Miffy Crochet Book* contains 15 unique items, including patterns for Miffy and her friends and both sleep and party-accessories. Think of a Miffy garland, a Miffy mobile for in the nursery room and even a Miffy blanket.

The book is, of course, in the original style and color scheme of the *Miffy* books and includes projects for both beginners and more experienced crocheters. This is also a wonderful present for all Miffy lovers and (grand)parents!





LUITINGH-SIJTHOFF, 128 PAGES, AUGUST 2024

ONLY AVAILABLE FOR EUROPEAN RIGHTS

RIGHTS SOLD TO GUSTAVO GILI (WORLD SPANISH RIGHTS, VIA ASTERISC AGENTS) AND SEARCH PRESS (WORLD ENGLISH RIGHTS)

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

KIMBERLEY ZWAANS has developed into a crochet pattern designer after years of loving crochet. She has collaborated on several crochet books.

DICK BRUNA is the creator of *Miffy*. He wrote and illustrated 124 picture books that have been translated into more than 50 languages, with more than 85 million copies sold worldwide.





KOSMOS, 160 PAGES, NOVEMBER 2024 ENGLISH SAMPLE TRANSLATION AVAILABLE

CONTACT: AMANDA CASTRO THIJSSEN, AMANDA@SHAREDSTORIES.NL

NATASHA SENA

New Life

Babies for beginners

The perfect present: humour and recognition for young parents

When you have a baby, a whole new world opens up for you. Next to all the changes and the endless stream of information, lack of sleep is the icing on the cake. Your new life can be lonely and yet everyone tells you that you should enjoy every moment, as 'it all goes so fast'. Thus all the more reasons to keep smiling. This book full of colourful illustrations offers young parents exactly what they need in a time of sleep deprivation and overstimulation: humour and recognition!

'Hilarious, relatable and original: this book is the perfect gift for young parents.' – Anna van den Breemer, writer and journalist for the parenting section of de Volkskrant





NATASHA SENA is a visual storyteller and illustrator. She has worked with brands such as Netflix and Danone. For her illustrations about parenthood, she draws on her own experiences as a mother of two children.

Take a look at our best card games!

Ingenious Birds

A 2-in-1 card game with beautiful illustrations by Elwin van der Kolk

This 2-in-I card game is perfect for both young enthusiasts and seasoned birders. In the quiz mode, players challenge each other to guess the characteristics of different birds. From song to rarity; each card offers a new opportunity to test your knowledge. In the toss game, distribute the cards and try to beat your opponents by having the highest value on the chosen category. Exciting moments and strategic decisions will make every mode an adventure!

KOSMOS, 120 CARDS, NOVEMBER 2024

Nomizo: The Philosophical Card Game

'Nomizo' means 'I think' in ancient Greek

Nomizo is the philosophical card game that you can play without being a philosopher. It encourages you to think, but also to argue and debate – even to defend themes you do not necessarily agree with! Does jealousy belong to love? Are there real heroes? Is privacy more important than safety? Does fame change your persona? Is an optimist happier than a pessimist? Toss the dice and stand your ground!

TEN HAVE, 83 CARDS, SEPTEMBER 2024

Battle Box: Couple Edition

The original books sold 20.000 copies in the Netherlands

An affordable alternative for date night!

After the success of *The Battle Book for Couples*, bestselling author Martijn Derikx now comes with a game variant: *Battle Box: Couple Edition*. With this card game, lovers can endlessly combat against each other in 64 challenges. Who is the fastest, the smartest or the funniest? The format is ideal to take with you on holidays!

KOSMOS, 64 CARDS, DECEMBER 2024



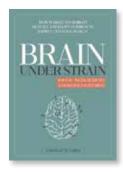




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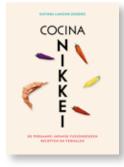
Sitting Still Like a Frog Eline snel kosmos rights sold for 26 languages



Brain Under Strain Charlotte labee Kosmos rights sold for simplified chinese full english text available



Intermittent Living siebe hannosset borgerhoff & lamberigts rights sold for simplified chinese full english text available



Cocina Nikkei katinka lansink dodero luitingh-sijthoff



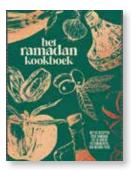
Breathe Through This Eline Snel kosmos Rights sold for 17 languages



How Your Body Tells You What You Need HELEEN BECUWE BORGERHOFF & LAMBERIGTS RIGHTS SOLD FOR GERMAN



The No-Nonsense Meditation Book STEVEN LAUREYS BORGERHOFF & LAMBERIGTS RIGHTS SOLD FOR 10 LANGUAGES FULL ENGLISH TEXT AVAILABLE



The Ramadan Cookbook mounir toub kosmos



Sitting Still Like a Frog – The Activity Book ELINE SNEL LES ARÊNES RIGHTS SOLD FOR 12 LANGUAGES



Handbook for Difficult Days EVELINE HELMINK KOSMOS RIGHTS SOLD FOR 7 LANGUAGES FULL ENGLISH TEXT AVAILABLE



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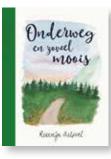
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