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2023

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**HOUTEKIET**  
**Genres** – literary fiction, crime fiction, thriller, historical fiction, women’s fiction, sports, esoteric, crafts, upmarket literary non-fiction, history, economy, philosophy, science, medicine  
**Authors** – Cynthia Ozick, Walter Moers, Jostein Gaarder, Magda Szabó, Jo Claes, Bavo Dhooge, Bob van Laerhoven

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**Genres** – thriller, crime fiction, historical fiction, fantasy, chick-lit, novel, narrative non-fiction, children’s books, picture books, YA fiction  
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**Authors** – Quentin Blake, Roald Dahl, Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell

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**Authors** – Eva Taylor-Tazelaar, Erik Petersson, Wim Daniëls, Annelien de Dijn, Michal Citroen, Mathijs Deen, Matthieu Aikins

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**Authors** – Eckhart Tolle, Lynne McTaggart, Ervin Laszlo, Louise Hay

**KOSMOS**  
**Genres** – food & drink, arts & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening  
**Authors** – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Arne & Carlos, Alex Ferguson, Baptist de Pape, Ella Woodward

**KOKBOEKENCENTRUM**  
**Genres** – religion & church, Christian fiction, faith-based non-fiction, historical non-fiction, family sagas & regional novels, children’s books, YA  
**Authors** – Nick Vujicic, Malala, Charlie Mackesy, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

**VEEN MEDIA**  
**Genres** – magazines and books on science  
**Brands** – New Scientist

**TEN HAVE**  
**Genres** – philosophy, humanities, psychology, personal growth, conscious living, spirituality  
**Authors** – Michael J. Sandel, Michael Puett, Mihaly Csikszentmihalyi, Thich Nhat Hanh, Pema Chödrön, Eline Snel

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RECENTLY SOLD TO DK VERLAG  
(GERMANY)





LUITINGH-SIJTHOFF, 160 PAGES, AUGUST 2023  
 CONTACT: AMANDA CASTRO THIJSEN,  
 AMANDA@SHAREDSTORIES.NL

JANINE JANSEN

## *Canned Cooking*

*60 Easy, Cheap and Healthy Recipes*

Canned food is trending, and no wonder! Canned goods are rich in nutrients, easy to work with and have a long shelf life. Moreover, it saves you time and money: the perfect solution for those with busy lives or for those who don't feel like going to the supermarket. *Canned Cooking* contains 60 tasty recipes based on vegetables, grains, legumes and fish for quick weekday meals and fancy dinners. With tips on the perfect pantry and waste-free cooking. Suddenly, cooking healthy, tasty and sustainable has become a lot easier!



JANINE JANSEN is a cookbook author, food photographer and graphic designer. Together with her sister, she writes a weekly column in newspaper *Trouw*. Previously, they have published cookbooks *Truly Mediterranean* and *Beautiful Mediterranean*. Luitingh-Sijthoff has also published Janine's *Lunch to Go*.



KATINKA LANSINK DODERO

## *Cocina Nikkei*

### *Japanese Sophistication and Peruvian Exuberance*

One of the first cookbooks on an up-and-coming cuisine

Nikkei restaurants are springing up like mushrooms – and not without reason. Katinka Lansink Dodero immersed herself in the rich gastronomy and history of Peruvian-Japanese cuisine. Japanese immigrants brought their dishes and cooking techniques with them to Peru and prepared food with local ingredients, giving rise to new flavours. Katinka collected and created the most exquisite recipes and cooked alongside several chefs from well-known Nikkei families during her culinary trips to Peru. All recipes in *Cocina Nikkei* are easy to prepare with readily available ingredients. The result is a wonderful cookbook full of delicious fusion recipes and charming stories about the history of Nikkei cuisine.

**‘Half-Peruvian cookbook author Katinka Lansink-Dodero released a beautiful book about this splendid, extraordinary cuisine.’**

– *de Volkskrant*

**‘The result is a journey of discovery that allows you to put the most refined dishes from this cuisine on the table at home.’** – *Het Parool*

KATINKA LANSINK DODERO inherited her love for South American cuisine from her Peruvian mother. Under the name *cevicheceviche*, Katinka runs cooking workshops, develops recipes and gives culinary advice across a wide range of media. In 2021, she published her acclaimed cookbook *Mi Casa Peru*, which was longlisted for the Golden Cookbook Award.



ENGLISH SAMPLE TRANSLATION

LUITINGH-SIJTHOFF, 224 PAGES, MARCH 2023

CONTACT: AMANDA CASTRO THIJSSSEN,

AMANDA@SHAREDSTORIES.NL

**‘It is fascinating reading material, and not only for lovers of (culinary) history. The recipes are a fine addition to all the stories and beautiful photographs.’**  
– *Kookboeken NWZ*





KOSMOS, 176 PAGES, AUGUST 2023

CONTACT: AMANDA CASTRO THIJSEN,  
AMANDA@SHAREDSTORIES.NL

EVELINE WU

## *Simply Asian*

*The Tastiest Asian Recipes to Make at Home*

Recipes organised by country

Join chef and entrepreneur Eveline Wu on a trip to her favourite food countries – China, Japan, Thailand, Vietnam and Korea – and discover how easy Asian cooking at home can be. Soon you'll be putting top dishes like delightful wontons, buns or noodle soups on the table in no time!



EVELINE WU is a successful hospitality entrepreneur and chef. Eveline has 11 restaurants and her own TV show on 24Kitchen, where the viewer learns all about Asian cuisine.



© CHANTAL ARNTS



JORD ALTHUIZEN

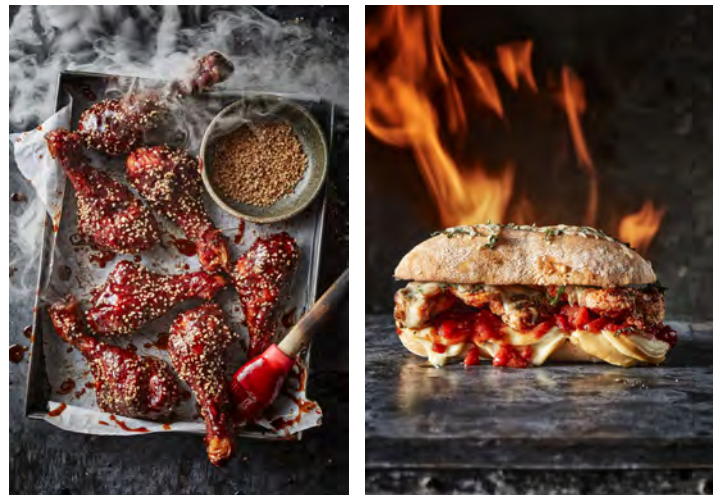
## *Smokey Goodness*

### *Best of BBQ Birds*

The Bestselling BBQ brand of the Netherlands

Crispy wings, juicy kebab or beer can chicken – chicken – chicken is one of the most popular BBQ choices for a reason, and delicious all year round! And what could be more spectacular this Thanksgiving or Christmas than serving smokin' hot turkey or turducken? In *Smokey Goodness: Best of BBQ Birds*, you will find the very best Smokey Goodness recipes with poultry. Dig in!

**'Behold the barbecue god.'** – *de Volkskrant*

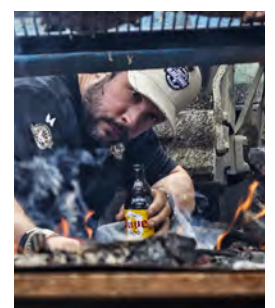


KOSMOS, 144 PAGES, OCTOBER 2023

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SCOLAR (HUNGARY), HACHETTE PRATIQUE  
(FRANCE), HEEL VERLAG (GERMANY)

JORD ALTHUIZEN is Barbecue World Champion and is causing an international stir with his rough-and-ready Smokey Goodness Barbecue Catering. In summer 2015 he was a judge on the popular RTL programme *Grillmasters*. He currently owns three restaurants in the Netherlands and his barbecue books have been translated into French, Hungarian, English and German.



© REMKO KRAAIJEVELD



KOSMOS, 176 PAGES, NOVEMBER 2023  
 CONTACT: AMANDA CASTRO THIJSSSEN,  
 AMANDA@SHAREDSTORIES.NL

LENNA OMRANI

## *Every Day Vegan*

*In 30 Minutes*

Over 13,000 copies sold of her previous books

A quick and delicious way of saving the planet

With her latest hit *Every Day Vegan in 30 Minutes*, Lenna Omrani proves that cooking vegan is not only super easy to do, but also suitable to every budget and busy timetable. Quick salads, easy burgers and sandwiches, warm stews or something delicious out of the oven: in this new culinary hit, you will discover new favourites for every day!

**‘Her truly accessible, easy and quick recipes for every day of the week, equipped with handy step-by-step instructions, are so delicious that they regularly win over even the most fervent meat eaters’ – *V'GAN Lifestyle Magazine***

LENNA OMRANI is the Netherlands’ fastest-growing vegan chef. With her delicious plant-based recipes, she inspires more than 100,000 fans. She won the Belgian Vegan Award for Best Cookbook in 2022 and has recently opened Lenna’s Kitchen in ’s-Hertogenbosch, where you can follow vegan workshops and experience in real life what vegan cooking really means.



© DANA VAN LEEUWEN

## PETIT GÂTEAU

# Christmas à la Petit Gâteau

Previous Petit Gâteau books have sold more than 57,000 copies

Celebrating Christmas à la Petit Gâteau means making delicious cakes and pastries such as Bûche de Noël, Christmas biscuits and grand soufflé as dessert... But also dinner, lunch or brunch showstoppers as Beef Wellington, pithivier and salmon en crouste! With *Christmas à la Petit Gâteau*, you have everything you need for a delightful Christmas celebration with a slight French touch.

**‘Meike Schaling’s petits gâteaux are a feast for eyes and stomach’ – *Trouw***

**‘Hair-raisingly delicious and dazzlingly beautiful’ – *Volkskrant Magazine***

**‘You can’t stop eating the tarts of Petit Gâteau’ – *Foodies***



KOSMOS, 144 PAGES, OCTOBER 2023

CONTACT: AMANDA CASTRO THIJSSSEN,  
AMANDA@SHAREDSTORIES.NL

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PAVILION (WORLD ENGLISH), AZBOOKA-ATTICUS  
(RUSSIAN)

PETIT GÂTEAU is Amsterdam’s one and only French patisserie, owned by Meike Schaling and Patrice Andrieu. They will soon extend their reach to Copenhagen and New York. Meike and Patrice met in Paris, where Meike obtained her diploma in patisserie. This is the fifth baking book in the successful *Little Tarts* series.



KOSMOS, 128 PAGES, JUNE 2019  
 CONTACT: AMANDA CASTRO THIJSSSEN,  
 AMANDA@SHAREDSTORIES.NL

JENNIFER & SVEN

## *50x Lunch without Bread*

*Ready in 10 Minutes!*

50 delicious salads for a healthy lunch without bread

More than 20.000 copies sold!

Tired of eternally eating sandwiches at lunch? Or do you want to eat more vegetables in a day? With this book, you can make tasty lunch without bread in just 10 minutes! The fresh and colourful salads are ideal for at home, on the road and at the office. The 50 recipes are simple, surprising and packed with healthy ingredients. This way, lunch becomes healthy as well as tasty!

**‘What I like most about this book is the tips given by the authors: which eating utensils to take with you if you make the salad at work and the alternatives if you don’t like an ingredient or if it’s difficult to get because of the season.’ – Health & Co**

JENNIFER & SVEN are the founders of the popular platform Voedzaam & Snel (Nutritious & Fast), where they share information on healthy food and recipes. They have previously published *50x Dinner without Meat*, *50x Healthy and Affordable* and *50x Extra Recipes for Lunch without Bread*.



SIEBE HANNOSSET

## *Intermittent Living*

### *The Healing Power of Cold Showers and Empty Breakfast Tables – A Guide to a Healthy Life*

The question is not whether we will get sick, but when. Sedentary lifestyles, high-calorie diets, stress and thousands of toxins put your immune system and health to the test every day. *Intermittent Living* gives science-based, concrete advice for the dormant dangers in our modern society, whether you have specific medical conditions or are brimming with health. Furthermore, Siebe Hannosset recounts how he was able to win a decade-long battle against Lyme disease thanks to intermittent living. Discover how regulating your breathing affects your energy and focus, how variations in your diet determine your happiness, what thirst does to your self-confidence and much more!

**‘This is not a book about cold showers. This is a book by an inspired health expert who takes us on a groundbreaking but informed journey through our bodies. After reading, we will have tools that will make us stronger, younger and healthier!’ – Dr. Servaas Bingé, physician, entrepreneur and best-selling author**

**‘The modern man seems to be going down with his evolutionary success. In all the scientific knowledge, ancient wisdom seems lost. Fortunately, we now have this book by Siebe. Go read it, but more importantly, go apply it. The positive effects on the body and mind are priceless.’ – Dr. Richard de Leth**

SIEBE HANNOSSET has a background as an exercise scientist and worked as a performance coach at Club Brugge. However, he really found his passion when he learned about clinical psychoneuroimmunology and the Intermittent Living concept. The results of integrating these principles with himself had a profound impact on his health and soul. It is his mission to translate the latest scientific insights around Intermittent Living into practice and share these insights with as many people as possible so that they, too, can get their lives under control.



ENGLISH SAMPLE TRANSLATION

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ENGLISH SAMPLE TRANSLATION

KOSMOS, 208 PAGES, OCTOBER 2023

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ISABELLA MACHINÈ

## *Sexual Self-Care*

*Enjoy Your Feminine Power*

The perfect guide on sexual well-being for women

Sex is essential to our health and a source of strength and vitality. Therefore, connecting with one's sexuality should become an important part of self-care routines; after all, it contributes to (sexual) well-being! In this practical book, Isabella Machinè helps readers to get in touch with their bodies and needs through exercises and meditations, hoping to help the reader to release blockages, feel empowered and experience more pleasure in intimate relationships with oneself and others.

**'Sexual pleasure is increasingly seen as part of general well-being'** – *The Economist*

**'Aside from it feeling good, female masturbation has a number of health benefits. Giving yourself the time and space to explore your body and what you like without feeling shame could seriously improve your mental and physical health.'**

– *Forbes*

ISABELLA MACHINÈ is a sex, love and relationship coach. She helps women and couples take charge of their lives and relationships through personal leadership and sexuality. Her mission is to make sexual well-being the norm. [www.glo.nl](http://www.glo.nl)



NATHALIE DE GRAEF

## *All My Friends Have Children*

*Hence it Sometimes Seems like I Have Them As Well*

A humorous guide about friendship between parents and non-parents

THIS BOOK HAS NOTHING TO DO WITH CHILDREN!

OK, maybe it does. But for once, it is explicitly NOT about them. When all your friends have children, it sometimes seems like you have them too. Suddenly, meeting up only happens in the playground instead of in trendy restaurants. Around 10 o'clock on Sunday morning, your friends ask? Yikes. Mornings are for sleeping in, aren't they?

This book is a humorous guide to friendship between parents and non-parents. Rather than being a plea for a child-free life, it offers you a helping hand in surviving a world FULL of children. In a delightful and hilarious way, Nathalie de Graef unabashedly breaks through clichés. A feast of recognition for those without children, and a mirror for those with children at home.

NATHALIE DE GRAEF teaches language in secondary education. What started as a humorous blog about life and friendships as a childfree woman in her thirties, quickly grew into a substantial online community of likeminded people. Nathalie is a proud catmom.



ENGLISH SAMPLE TRANSLATION

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ENGLISH SAMPLE TRANSLATION  
 KOSMOS, 192 PAGES, JULY 2023  
 CONTACT: AMANDA CASTRO THIJSSSEN,  
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MILOE VAN BEEK

## *Break the Cycle*

*Why Parenting is About Yourself*

Miloe van Beek uses different stories to paint an honest and recognizable picture of families and parenting. In this book, she shows how everything intertwines and she encourages you to think about your role as parent, child, grand- and great-grandchild. Using the theory of family systems, Miloe van Beek teaches you how you can develop as a parent. Daring to look into the mirror that your child holds up to you makes you a nicer parent! Moreover, experts such as Els van Steijn (family constellator), Laura Batstra (remedial educationalist) and Jan Derksen (psychologist) show how parents can deal with difficult parenting situations and what they themselves can learn from them.

MILOE VAN BEEK is a freelance journalist and author. She co-authored parenting book *From Behind the Wallpaper to Over Your Head* and wrote up her family history in *We Don't Talk About That: The Legacy of a War Past*.





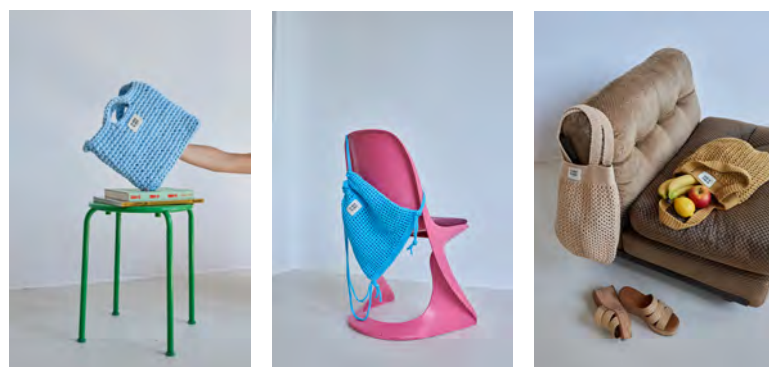
MARTHE DE GROOT

## *The Crochet Club*

*The Story of Marie Marie in 15 Crochet Patterns for Beginners and Advanced Learners*

**Marie Marie: A unique brand with a mission**

The Crochet Club is the crochet book of a very special brand: Marie Marie. Author Marthe de Groot brought no less than 75 crocheters together in a growing community where they can share their hobby with each other. The result is a unique collection of handmade, sustainable bags, which are assembled in a men's prison and sold internationally. This book contains 15 crochet patterns for a clutch, earpods case, mini bag, bucket hat and more, divided into three levels. This way, every crochet enthusiast can join this special club.



MARTHE DE GROOT graduated at AMFI, the Amsterdam Fashion Institute, and was looking for a way to connect her grandmother with other crocheters. She set up an on- and offline community for crocheters from all walks of life, also connecting young and old. Her unique bag brand is sold in the Netherlands at renowned stores such as de Bijenkorf and is also available internationally from Australia to Marbella. The brand is also very popular among young crocheters.





KARINA SCHAAPMAN

## *The Mouse Mansion*

*Crocheting for the Nursery  
with Sam & Julia*



Crochet yourself into the world of the worldwide popular picture book series

The Mouse Mansion picture books have been published in 33 countries and have been translated into 27 languages, with over 1 million sales in total

Animated television series in the making

This wonderful crochet book helps you in crocheting famous characters Sam and Julia in both dollhouse and cuddly toy format, as well as the cutest themed accessories. Create a unique nursery where toys and decorations merge with the crocheted Mouse Mansion cushions, a mouse suitcase to carry Sam and Julia, and much more. With projects for beginners and advanced crocheters, this book is a must-have for every crochet lover and fan of The Mouse Mansion.

**'I think the world needs compassion.  
My intention was to create a safe, caring and  
inclusive world for children.'** – *Karina Schaapman*



LUITINGH-SIJTHOFF, 144 PAGES, OCTOBER 2023

CONTACT: AMANDA CASTRO THIJSSSEN,  
AMANDA@SHAREDSTORIES.NL



KARINA SCHAAPMAN is an artist and creator of *The Mouse Mansion*. She created The Mouse Mansion as the backdrop for her children's books series about little mice Sam and Julia. Her use of waste materials for her sets is world-famous. KIMBERLY ZWAANS has developed into a crochet pattern designer after years of loving crochet. She has collaborated on several crochet books.



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KOSMOS, 128 PAGES, OCTOBER 2023

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STATES (WORLD ENGLISH)

SASCHA BLASE-VAN WAGTENDONK

## *Crocheting Unique Scarves*

*Extraordinary Patterns, Motifs  
and Colour Schemes*

In the Netherlands, Sascha has sold more than 80.000 copies of her books!

For her fifteenth book, Sascha has once again gone all out. The result is her most extraordinary scarf collection to date: the beautiful crochet patterns and colour combinations are a joy to crochet! This book is full of scarves in different shapes, with unique patterns and various yarn choices. Beautiful photos, clear explanations and the design of the book make this an excellent present for both beginners and advanced crocheters. Highly recommended for hours of crochet fun!



SASCHA BLASE-VAN WAGTENDONK started crocheting and designing her own free patterns in 2009. Her blog *A la Sascha* has grown popular among hobby crafters. She has published over 10 books and has been translated into German, English, French and Finnish.



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